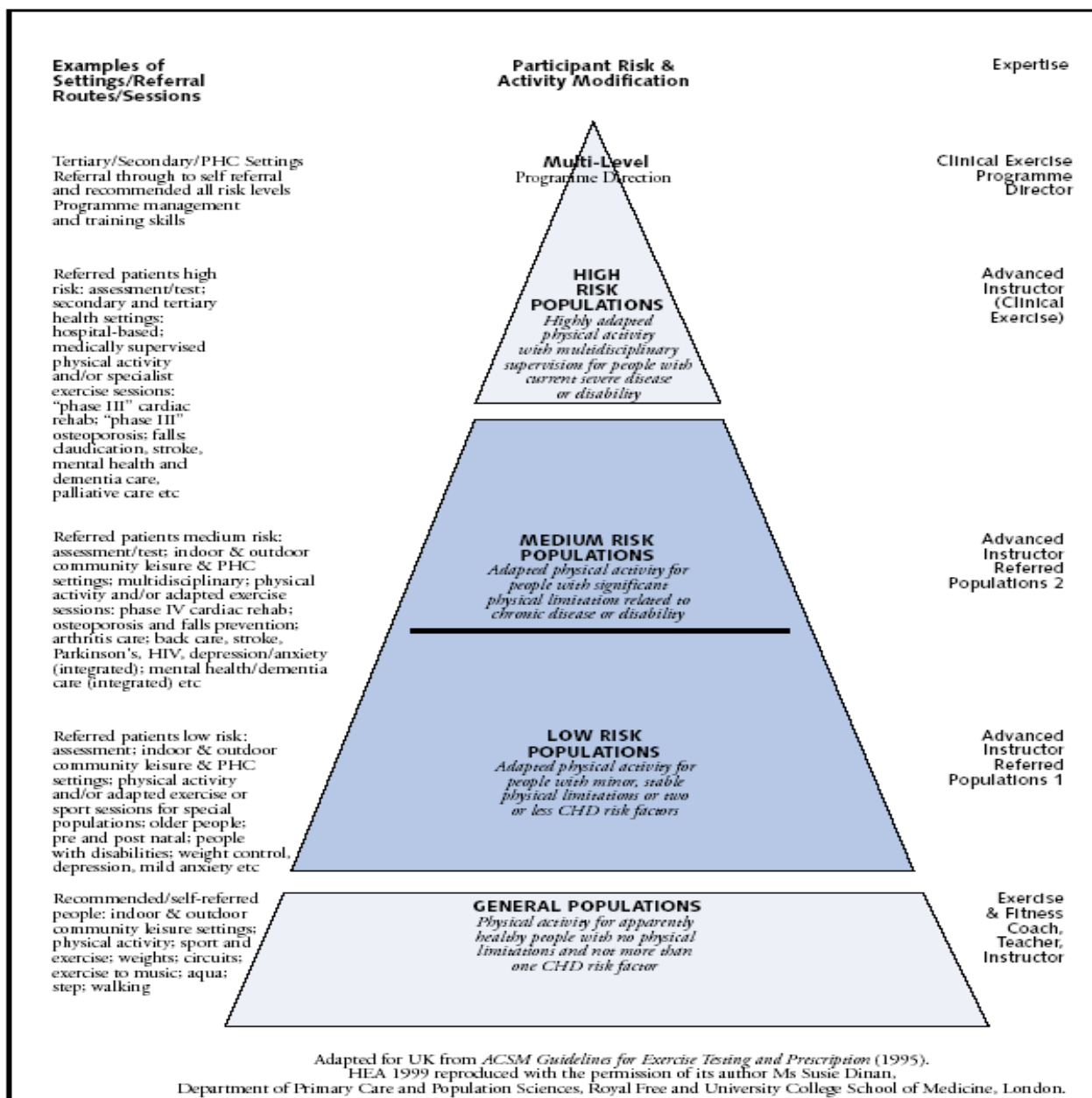


NQAF Patient Characteristics & Exercise Professional Expertise Pyramid¹

Figure 1. A contextual diagram for matching participant characteristics with exercise professional expertise within the UK National Occupational Standards (NOS)

Note: the expertise in this diagram can be determined for an individual instructor by matching with the Professional Register for Exercise and Fitness (England) described in Section C7 of this document, whose structure is illustrated in Appendix 11.



¹Diagram taken from Department of Health (2001) Exercise Referral Systems: A National Quality Assurance Framework. London: Department of Health