



# OPENING DOORS TO AN ACTIVE LIFE:

how to engage inactive communities

19 November  
**2008**

East Midlands Conference  
Centre, Nottingham



## BHFNC 8th Annual Conference

The conference will be headlined by a number of high profile speakers followed by several solution oriented workshops. The programme is designed to give practitioners an insight of how to engage inactive groups into physical activity and provide examples of projects working with 'the most' inactive groups. The varied programme will allow delegates to tailor their conference experience to meet their individual needs.

### WE AIM TO:

Provide practical examples, solutions and guidance on how to engage inactive communities in physical activity.

### WE WILL:

- Provide delegates with examples of how other professionals have successfully engaged inactive communities.
- Bring together practitioners and key national partners to contribute to the development of practical guidelines on how to engage inactive communities.
- Provide an opportunity for professionals to showcase their work in our case study zone.

To register your interest, email:  
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or call 01245 328777

[www.bhfactive.org.uk](http://www.bhfactive.org.uk)



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